

HOT FROM THE GRILL...

Hibachi

Served with fresh garden green salad, soup, vegetables and fried rice

Chicken 10 oz	23	Chicken & Shrimp	26
New York Steak 10 oz	28	N.Y. Steak & Shrimp	28
Shrimp 16 pieces	26	Shrimp & Scallops	32
Scallops 10 oz	35	Vegetarian	21
Salmon 10 oz	29	Chicken & N.Y. Steak	28
Chicken & N.Y. Steak	28		

Teriyaki

Served with fresh garden green salad, soup, vegetables and white rice

Chicken 10 oz	22	Shrimp 16 pieces	25
New York Steak 10 oz	28	Salmon 10 oz	29

Special Dinner Combination

Dinner and weekends. Served with seaweed salad, miso soup, rice, 1 sushi roll, and 3 chicken gyoza

Teriyaki Chicken	28	Hibachi Chicken	29
Teriyaki New York Steak	32	Hibachi New York Steak	32
Teriyaki Shrimp	30	Hibachi Shrimp	30

Sushi roll options:

tuna, salmon, yellowtail & scallion, AAC, California, eel & cucumber

STANDARD SUSHI/SASHIMI

Sushi Rolls & Hand Rolls 6 pieces per sushi roll

Add \$4 for tempura deep-fried, topped with eel sauce and spicy mayo

Tuna 🐟	7	Boston	7
Salmon 🐟	7	shrimp, lettuce, cucumber	
Eel & Avocado	6	California	7
Cucumber	5	crab, avocado, cucumber	
Avocado	5	Crispy Chicken 🍗	8
Asparagus	5	Green River	8
Yellowtail & Scallion	7	eel, avocado, cucumber	
Spicy Tuna 🐟	8	New York 🐟	8
Spicy Salmon 🐟	8	tuna, avocado, cucumber	
Spicy Yellowtail 🐟	8	Peanut Avocado	7
Spicy Scallops 🐟	8	Philly	8
Salmon Skin	7	cream cheese, avocado, smoked salmon	
AAC	6	Tuna Avocado 🐟	8
avocado, asparagus, cucumber		Salmon Avocado 🐟	8
Alaska 🐟	8	Shrimp Tempura 🍤	9
salmon, asparagus, cucumber		Spider 🍷	10
		Sweet Potato 🍠	7

LUNCH

Served from 11 a.m. - 3 p.m. Not available on holidays and weekends.

Bento Boxes

Served with house salad or miso soup, 3 pieces shrimp shumai, 3 pieces California roll and fruit.

Teriyaki Salmon	15	Hibachi Chicken	13
Teriyaki Chicken	13	Hibachi New York Steak	15
Teriyaki New York Steak	14	Hibachi Shrimp	15
Teriyaki Shrimp	14	Sashimi Bento 🐟	14
Vegetable Tempura 🍤	12	5 pcs fresh chef-selected assorted sashimi	
Chicken Tempura 3 pcs 🍤	13	Sushi Bento 🐟	14
Shrimp Tempura 3 pcs 🍤	13	5 pcs fresh chef-selected assorted nigiri sushi	
		Katsu Chicken 🍗	13

Lunch Special Rolls

Any 2 rolls for \$13; 3 rolls for \$16. Served with a bowl of miso soup.

Tuna 🐟	AAC
Salmon 🐟	Alaska 🐟
Cucumber	Boston
Avocado	California
Asparagus	New York 🐟
Yellowtail & Scallion 🐟	Peanut Avocado
Spicy Tuna 🐟	Philly
Spicy Salmon 🐟	Tuna Avocado 🐟
Salmon Skin 🐟	Salmon Avocado 🐟

Entrees from the Sushi Bar

served with miso soup

Sushi Regular 🐟	23	Chirashi Sushi 🐟	29
7 pcs assorted sushi w/tuna roll		12 pcs assorted raw fish on a bed of sushi rice	
Sushi Deluxe 🐟	27	Sushi for 2 🐟	48
10 pcs assorted sushi w/tuna roll		18 pcs sushi w/spicy tuna roll and California roll	
Sashimi Regular 🐟	25	Sashimi for 2 🐟	45
12 pcs assorted sashimi		25 pcs sashimi	
Sashimi Deluxe 🐟	32	Sushi/Sashimi for 2 🐟	65
16 pcs assorted sashimi		9 pcs sushi, 15 pcs sashimi w/ any 2 Standard Sushi Rolls	
Sushi/Sashimi Combo 🐟	35	Sushi/Sashimi for 3 🐟	79
6 pcs sushi and 8 pcs sashimi w/California Roll		12 pcs sushi, 18 pcs sashimi w/any 2 Iwa Original Signature Rolls	

Food Safety Warning: Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

🐟 Raw/Rare 🍤 Tempura Fried

KIDS MENU

for kids 12 and under, served with a bowl of miso soup

Teriyaki Chicken	12	Tempura Combination	12
Teriyaki New York Steak	13	2 pieces tempura shrimp	
Hibachi Chicken	12	2 pieces tempura chicken	
Hibachi New York Steak	13	3 pieces tempura vegetables	

BEVERAGES & DESSERTS

Hot Tea free refills	3
Soft Drinks free refills	3
Iced Tea free refills	3
Dry Soda lavender, cucumber	3
Tempura Ice Cream 🍦	6
green tea, vanilla, strawberry or chocolate	
Cheesecake Tempura 2 pieces 🍰	6
Mochi Ice Cream green tea vanilla, mango or strawberry choice of 2:	3
	5

We carry a wide selection of domestic and imported wines, beers and sake. Please ask your server.



8 North Wenatchee Ave
Wenatchee, Washington 98801
509-66-SUSHI (509-667-8744)

www.iwasushi.com



Monday - Thursday 11 - 9 | Friday 11 - 9:30
Saturday 11 - 9:30 | Sunday 12 - 9



SUSHI 岩 GRILL

At Iwa Sushi & Grill
we create edible art

Here you get fresh, healthy Pan-Asian cuisine, sure to please even the most persnickety of palates.

Sample sushi and sashimi from expert chefs, try our premium sakes, local wines and imported beers and enjoy fresh teriyaki and hibachi hot off the grill.

At Iwa, we are an affordable, family-friendly and family-owned oasis of culinary culture where you can travel with your tastebuds without leaving town.

Join us and let us
be your guide!

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APPETIZERS & LIGHTER FARE

Kitchen Appetizers

Deep Fried Oysters 🍤	11
<i>breaded tempura-friend oysters, served with dipping sauce</i>	
Edamame	6
<i>Japanese soy beans, in pod sprinkled with sea salt</i>	
Haru Maki	6
<i>3 pieces fried Japanese vegetable spring roll</i>	
Age Tofu 🍳	7
<i>deep-fried tofu</i>	
Softshell Crab 🦀	10
<i>deep-fried softshell crab with vinegar sauce</i>	
Shrimp Shu Mai	6
<i>6 pieces shrimp dumpling, steamed or deep-fried</i>	
Gyoza	7
<i>6 pieces pan-fried dumpling, choice of vegetable or chicken</i>	
Yakitori	7
<i>2 grilled skewers, choice of chicken, steak or shrimp</i>	
Chicken Katsu	8
<i>Japanese-style breaded, deep-fried chicken with katsu sauce on the side</i>	
Amazing Calamari 🍤	12
<i>crispy, fried sushi-grade calamari</i>	
Tempura, Deep-Fried 🍤	
Chicken - 4 pieces chicken with 3 pieces vegetable	12
Shrimp - 4 pieces shrimp with 3 pieces vegetable	12
Shrimp & Vegetable - 3 pieces shrimp with 7 pieces vegetable	12
Vegetable - 14 pcs	12

Sushi Bar Appetizers

Sushi Sampler 🍣	12
<i>5 pieces assorted sushi</i>	
Sashimi Sampler 🍣	16
<i>8 pieces assorted sashimi</i>	
Tako Su 🍣	14
<i>6 pieces octopus marinated in vinaigrette sauce, masago</i>	
Tuna Tataki 🍣	14
<i>6 pieces sliced, peppered tuna with ponzu sauce, green onion and masago</i>	
Jalapeño Plate 🍣	14
<i>sliced yellowtail, salmon or tuna topped with ponzu sauce, chili sauce, cucumber, jalapeño, green onion and masago</i>	

Soups & Salads add tuna, yellowtail or salmon for \$4

Miso Soup with Tofu & Seaweed	3
Seafood Soup	8
<i>shrimp, scallops, crab meat, salmon and whitefish with vegetables</i>	
Avocado Salad	7
<i>organic spring mix topped with sliced avocado</i>	
Avocado & Tuna Salad 🍣	11
<i>avocado and raw tuna on fresh greens w/house ponzu sauce</i>	
Kani Salad	7
<i>crab meat and cucumber mixed with spicy sauce and tobiko</i>	
Seaweed Salad	6
<i>fresh Japanese seaweed topped with sesame seeds</i>	
House Garden Salad	3

Noodles & Rice

Tempura Udon 🍤	14
<i>plain udon in broth with 2 pieces of shrimp and assorted vegetable tempura</i>	
Stir-Fried Yaki Soba or Udon	13
<i>stir-fried noodles with choice of chicken, beef or shrimp</i>	
Nabe Yaki Udon	13
<i>noodle soup with chicken, vegetables and egg</i>	
Seafood Noodle Soup	15
<i>noodle soup w/shrimp, scallops, whitefish, salmon, crab and vegetables</i>	
Chicken Katsu Don 🍤	15
<i>breaded deep-friend chicken over rice</i>	
Una Don	14
<i>6 pieces smoked, freshwater eel over rice</i>	
Fried Rice	8
<i>add chicken, beef or shrimp for an additional \$4</i>	

Nigiri Sushi or Sashimi 2 pieces per order

Tuna (maguro) 🍣	6	Crab Meat (Kani)	5
Spicy Tuna (maguro) 🍣	7	Eel (unagi)	6
Salmon (sake) 🍣	6	Egg Omelet (tamago)	4
Spicy Salmon (sake) 🍣	7	Shrimp (ebi)	5
Yellowtail (hamachi) 🍣	6	Sweet Shrimp (ama ebi) 🍣	8
Spicy Yellowtail (hamachi) 🍣	7	Octopus (tako) 🍣	6
White Tuna (shiro maguro) 🍣	6	Flying Fish Roe (tobiko) 🍣	7
Scallops (hotate) 🍣	7	Salmon Roe (ikura) 🍣	6
Spicy Scallops (hotate) 🍣	7	Mackerel (saba) 🍣	5
Red Snapper (tat) 🍣	5	Smoked Salmon	6

PREMIUM SUSHI ROLLS

Iwa's Original Signature Rolls

Sakura Roll 🍣	14
<i>salmon, yellowtail, tuna, jalapeño and tobiko in a white soybean wrap, topped with spicy mayo</i>	
Rainbow Roll 🍣	13
<i>assorted fresh sashimi over a California roll</i>	
Red Dragon Roll 🍣	15
<i>shrimp tempura inside, topped with tuna, avocado and eel sauce</i>	
Golden Beach Roll 🍣	14
<i>shrimp, avocado, cucumber and crunch inside, topped with fresh salmon and tobiko</i>	
Alligator Roll 🍣	15
<i>pepper tuna, avocado and crunch inside, topped with smoked eel sauce</i>	
Dinosaur Roll 🍣 🍤	14
<i>salmon, tuna, white tuna and asparagus inside, tempura deep-fried, topped with avocado, spicy eel sauce, spicy mayo and ikura</i>	
Godzilla Roll 🍣 🍤	13
<i>spicy tuna and avocado inside, tempura deep-fried, topped with tobiko, spicy mayo and eel sauce</i>	
Soho Roll 🍣	13
<i>crab and avocado inside, tempura deep-fried, topped with spicy mayo and eel sauce</i>	

Chef's Recommendations

Rocky Roll 🍣	15
<i>tempura shrimp and avocado inside, topped with lobster salad, smoked eel and eel sauce</i>	
Ichiban Roll 🍣	14
<i>salmon and avocado inside, topped with spicy yellowtail, green onion and masago</i>	
Fish Lake Roll 🍣	14
<i>tuna and avocado inside, topped with salmon, white tuna and masago</i>	
Iceberg Roll 🍣 🍤	15
<i>spicy yellowtail and avocado inside, tempura deep-fried, topped with peppered tuna, white tuna, smoked eel, jalapeño and eel sauce</i>	
South Coast Roll 🍣	13
<i>crab, avocado, cream cheese and jalapeño, tempura deep-fried, topped with crunch, spicy mayo and eel sauce</i>	
Colchuck Roll 🍣 🍤	16
<i>tempura-fried softshell crab, oshinoko and cucumber inside, topped with white tuna, avocado, green tobiko and eel sauce</i>	
Pacific Crest Roll 🍣 🍤	14
<i>tempura-fried shrimp and avocado inside, topped with spicy salmon and eel sauce</i>	
King Crab California Roll	17
<i>king crab, cucumber and avocado inside, topped with spicy crab, eel sauce and tobiko</i>	
Hawaii Roll	13
<i>pineapple, avocado and peanuts inside, topped with mango, sunflower seeds, shredded coconut and mango sauce</i>	
Super Dragon Roll 🍣 🍤	15
<i>shrimp tempura, cucumber and avocado inside, topped with eel and eel sauce</i>	

Dragon Roll	13
<i>toasted eel and cucumber inside, topped with avocado, eel sauce and tobiko</i>	
Mango Roll	12
<i>crab, crunch and avocado inside, topped with mango and mango sauce</i>	
Bubba Gump Roll 🍣	15
<i>shrimp tempura, cream cheese and cucumber topped with shrimp, avocado and eel sauce</i>	
Bukuda Roll 🍣	15
<i>yellowtail, salmon, eel, avocado and shrimp inside, topped with masago, flounder and salmon</i>	
Battera Roll 🍣	14
<i>spicy tuna, eel, salmon and avocado inside, topped with spicy sauce and eel sauce</i>	
Sweetheart Roll 🍣	15
<i>shrimp, avocado and cucumber inside, wrapped in tuna and glazed with strawberry dressing</i>	
V.I.P. Roll	14
<i>cooked lobster salad, eel, shrimp, avocado and crab in a green soybean wrap and glazed with eel sauce</i>	
Tiger Roll 🍣	16
<i>spicy salmon, spicy yellowtail and avocado inside, topped with yellowtail tuna, salmon, eel, crunch, masago, scallion, spicy mayo and eel sauce</i>	
Lobster Roll 🍣 🍤	18
<i>tempura lobster tail, cucumber, cream cheese and mango inside, topped with salmon, scallops, eel sauce and wasabi sauce</i>	
Jalapeño Yellowtail Roll 🍣	15
<i>spicy crab and avocado inside, topped with yellowtail, jalapeño and eel sauce</i>	
Fantasy Roll 🍣 🍤	15
<i>salmon tempura and crab inside, topped with tuna, avocado and eel sauce</i>	
Pearl Roll 🍣	14
<i>crab, scallops, spicy mayo, crunch and cucumber inside, topped with white tuna, masago and wasabi mayo</i>	
Pear Blossom 🍣	15
<i>tempura shrimp, cream cheese and cucumber inside, topped with spicy crab and eel sauce</i>	
Kiss of Fire 🍣 🍤	15
<i>tempura shrimp and cucumber inside, topped with white tuna, jalapeño, eel sauce and tobiko</i>	
Burning Bomb Roll 🍣	13
<i>smoked salmon, scallops, cream cheese and avocado, tempura deep-fried and topped with spicy mayo and eel sauce</i>	
Seattle Roll 🍣	14
<i>avocado, asparagus and cucumber topped with salmon, tuna, yellowtail, shrimp and tobiko</i>	
Tuna Lovers Roll 🍣	14
<i>spicy tuna, avocado and cucumber topped with tuna, white tuna and eel sauce</i>	
Hamachi Roll 🍣 🍤	15
<i>shrimp tempura and avocado topped with spicy yellowtail, crunch, spicy mayo and eel sauce</i>	
12th Man Roll 🍣 🍤	16
<i>tempura crab legs, cream cheese and cucumber topped with salmon, shrimp, avocado and eel sauce</i>	

ORDER ONLINE FOR
CARRYOUT:

WWW.IWASUSHI.COM